



Returning to earning

Returning to work after the birth of a child is challenging. This checklist will help make the transition more manageable.

- Keep your skills up to date.
- Explore flexible working options.
- Know your rights, visit the Fair Work Ombudsman (www.fairwork.gov.au).
- Find child care you are happy with.
- Make sure you take care of yourself.
- Have a plan for unexpected events.
- Ask others for help.

For more information, speak to your financial adviser or speak to our **Client Services Team** on **1800 333 500**.